

## HITRUST Training for Practitioners – Sample Agenda

Day	Content
Monday	<p><b>Course Outline and HITRUST Overview</b></p> <ul style="list-style-type: none"> <li>• The healthcare industry—challenges and drivers</li> <li>• HITRUST overview—background and introduction to the CSF and CSF Assurance program</li> </ul> <p><b>Overview of the Healthcare Industry</b></p> <ul style="list-style-type: none"> <li>• The healthcare industry landscape—segments and key players</li> <li>• Information security trends in the industry</li> <li>• Regulatory landscape—authorities, regulations and standards</li> </ul> <p><b>Exploring Patient Risks</b></p> <ul style="list-style-type: none"> <li>• Background on privacy and privacy regulations</li> <li>• <i>Team Activity</i>—the importance of privacy in healthcare</li> <li>• Top threats to sensitive health information—an analysis of breach data highlighting recent and high profile breaches</li> </ul>
Tuesday	<p><b>Regulations &amp; Standards Affecting Healthcare</b></p> <ul style="list-style-type: none"> <li>• HIPAA Privacy and Security rules overview</li> <li>• The HITECH Act and breach notification</li> <li>• <i>Team Activity</i>—responding to a breach scenario</li> <li>• Other agencies and regulations—FTC and Red Flags Rules, CMS Acceptable Risk Safeguards, The Joint Commission, States’ requirements, SAS 70, etc.</li> </ul> <p><b>Choosing an Information Security Framework</b></p> <ul style="list-style-type: none"> <li>• An overview of information security risk management</li> <li>• Leveraging an information security framework—steps to identify risks and specify, implement and assess controls</li> </ul>

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<p><b>Wednesday</b></p>	<p><b>Overview of the CSF and HITRUST Central</b></p> <ul style="list-style-type: none"> <li>• The CSF - development background, key concepts, organization and use</li> <li>• CSF demo and walkthrough</li> <li>• HITRUST Central—accessing the CSF online and connecting with peers</li> <li>• <i>Team Activity</i>—CSF hunt</li> </ul> <p><b>CSF Assurance Program Summary</b></p> <ul style="list-style-type: none"> <li>• Compliance challenges for healthcare organizations</li> <li>• Gaining information security assurance with business associates</li> <li>• How the CSF Assurance program solves common industry problems</li> <li>• Components of the CSF Assurance program—tools and methodology</li> <li>• <i>Team Activity</i>—benchmarks and metrics</li> </ul>
<p><b>Thursday</b></p>	<p><b>CSF Assurance Program: Validated &amp; Certified</b></p> <ul style="list-style-type: none"> <li>• Validated vs. Certified</li> <li>• Levels of assurance</li> <li>• Assessment flow—step-by-step process for performing an assessment</li> <li>• Certification requirements</li> <li>• <i>Team Activity</i>—assurance assessment</li> </ul>
<p><b>Friday (half day)</b></p>	<p><b>Practitioner exam</b> - 64 multiple-choice questions and case study</p>